

Mallow 10 draws record entry of over 280 runners



Jerry Norton (left), Manager of Irish Sugar, Mallow, presents George Murray (North Cork, winner), with his prize.

by John Walshe

A RECORD entry in excess of 280 runners took to the roads around Mallow in the annual Irish Sugar-sponsored Mallow '10'.

The blustery conditions, along with the intermittent hail shower, may not have been ideal, but they failed to dampen the enthusiasm of the participants, officials and spectators.

For those lucky enough to witness the concluding stages, there was a thrilling finish in store as George Murray from Dromina (representing North Cork) edged out the defending champion, Cathal O'Connell of St Finbarrs, by just two seconds.

Teresa Tuohy, who still runs for Nenagh Olympic

although now living at Carriganimma near Macroom, won the women's race by over a half-minute from Orla Tuohy of Grange-Fermoy with 2003 champion, Mary Sweeney, in third. The Mallow club — along with their sponsors Irish Sugar — were delighted with the huge turnout which now firmly ranks the race among the finest at the distance in the country.

Results

1 George Murray (North Cork) 52:50; 2 Cathal O'Connell (St Finbarrs, M40) 52:52; 3 Mick Kelly (Gowran) 54:35; 4 John Linehan (Riocht, M40) 54:49; 5 Derek O'Leary (St Finbarrs) 55:05; 6 Wieslaw Sosnowski (Eagle) 55:57; 7 Donal O'Callaghan (Riocht) 55:58; 8 Pat O'Sullivan (Clonmel) 56:14. M40: 3 Joe O'Sullivan (Bandon) 57:30; 4 Mick O'Shea (Iveragh) 57:52.

M45: 1 Eamonn McEvoy (St Finbarrs) 56:38; 2 Philip Withers (Duhallow) 57:41.

M50: 1 Pat O'Shea (Iveragh) 58:33; 2 John Harty (Thurles Crokes) 62:13.

M55: 1 Michael Dunne (St Finbarrs) 64:49; 2 Roy Cummins (St Finbarrs) 68:26.

M60: 1 George Webb (Rising Sun) 74:28.

M65: 1 Patrick Galvin (North Cork) 91:15.

MJ: 1 Michael Lyons (Grange-Fermoy) 63:06.

Women: 1 Teresa Tuohy (Nenagh Olympic, F40) 64:54; 2 Orla Tuohy (Grange-Fermoy) 65:25; 3 Mary Sweeney (St Finbarrs, F40) 66:20; 4 Catherine Keohane (Leevale) 66:42; 5 Mary Sheehan (Grange-Fermoy, F45) 67:12; 6 Angela McEvoy (St Finbarrs, F40) 67:47.

F35: 1 Martina Ryan (Thurles Crokes) 68:51.

F50: 1 Maggie Dunne (Grange-Fermoy) 89:39.

County

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GEORGE TRIUMPHS IN MALLOW '10'

A record number of runners (283 in all) went to the line for the Irish Sugar Mallow AC 10 Mile Road Race on Sunday last. Weather conditions were not ideal for a fast race, with windy and showery conditions (plus a spectacular shower of hailstones) making things difficult for the runners, but despite this the race was very competitive, with George Murray of North Cork AC edging out Cathal O'Connell of St. Finbarrs to take the overall men's prize. Teresa Tuohy of Nenagh Olympic took the women's prize. George Murray's win signals a return to former glories for the popular North Cork AC athlete who was out injured for almost a year, yet ran brilliantly on his return to competitive road running at the Duhallow 5 race two weeks ago. His win in Mallow on Sunday means that George is back to his competitive best, and congratulations to him on an excellent 52.50 winning time. A sizeable contingent

of Mallow runners went to the line, with Tim Finnegan leading the Mallow AC contingent home with a time of 70.20, followed by Denis Sheehan in 70.50 and Denis Cronin in 70.55. Next was Stephen Murphy in 72.06, with Shane McCarthy (a very promising junior) crossing the line in 73.13. Peadar Curtis completed the 10 miles in 74.05, with Pat Healy on 74.50, Kevin Quilligan 79.43, Dan Nagle 79.52, James Byrnes 84.41, Charles Brady 88.11, Kathleen Cronin 89.39, Donal McCarthy 91.98 and Maria Blumenthal (1.41.18). Following the race, all congregated in the Youth Centre for refreshments and prizegiving, with Gerry Norton, Manager of Irish Sugar presenting the prizes. Also present was the group of walkers who took part in the 10k walk as part of the day's activities, and all enjoyed the welcome tea and sandwiches after braving the less than clement weather conditions.