

Mallow AC

27 March 2011

Doneraile Park 5k

Position	Number	Time	Name	Club	M/F	Category	Pace
1	37	00:16:32	O'CONNOR, Tim	Riocht	M	MS	00:05:20
2	12	00:16:39	DOWNES, John	Donore	M	M40	00:05:22
3	38	00:16:41	WILLMOTT, Kevin	Bandon	M	MS	00:05:23
4	75	00:16:52	MACDOMHNAILL, Aogan	West Limerick	M	MS	00:05:26
5	113	00:17:13	SEXTON, Rory	Grange Fermoy	M	MJ	00:05:33
6	20	00:17:16	DUNNE, Denis	Eagle	M	MS	00:05:34
7	61	00:17:30	O'SULLIVAN, Ciaran	St Finbarrs	M	M40	00:05:39
8	39	00:17:48	MANGAN, Simon	Gneeveguilla	M	MS	00:05:45
9	154	00:17:55	CLARKE, Tim	N/A -	M	MS	00:05:47
10	62	00:18:01	DUNNE, Michael	St Finbarrs	M	MS	00:05:49
11	100	00:18:03	O'SULLIVAN, Johnny	Galtee Runners	M	MS	00:05:49
12	11	00:18:19	MCAULIFEE, Mike	Kilfinane	M	M40	00:05:55
13	74	00:18:38	MACDOMHNAILL, Mike	West Limerick	M	M55	00:06:01
14	119	00:18:40	O'SULLIVAN, Dermot	North Cork	M	MS	00:06:01
15	1	00:18:53	DUNPHY, John	Eagle	M	M40	00:06:05
16	54	00:18:58	O'CONNOR, Brian	Grange Fermoy	M	MS	00:06:07
17	178	00:19:01	KILEY, Martina	St Finbarrs	F	FS	00:06:08
18	181	00:19:15	FINN, Carol	Leevale	F	FS	00:06:13
19	132	00:19:16	MCAULIFFE, Ger	Crossfit	M	MS	00:06:13
20	183	00:19:30	IRWIBN, Pat	N/A -	M	MS	00:06:17
21	114	00:19:34	KEANE, Tim	North Cork	M	MJ	00:06:19
22	19	00:19:41	DENNEHY, Aidan	N/A -	M	MS	00:06:21
23	41	00:19:53	O'MAHONEY, Brendan	Grange Fermoy	M	M40	00:06:25
24	7	00:19:54	MULLINS, Mike	North Cork	M	M45	00:06:25
25	27	00:19:55	LONG, Daniel	N/A -	M	MS	00:06:25
26	2	00:19:58	GIBSON, Andy	Eagle	M	M40	00:06:27
27	111	00:20:01	CRONIN, Denis	Mallow Ac	M	M45	00:06:27
28	31	00:20:03	BUCKLEY, Maurice	North Cork	M	M45	00:06:28
29	97	00:20:05	BUCKLEY, Aidan	Mallow Ac	M	MS	00:06:29
30	166	00:20:12	O'KEEFE, Neilus	N/A -	M	M45	00:06:31
31	116	00:20:18	RAHILLY, Shane	North Cork	M	MJ	00:06:33
32	130	00:20:20	FITZGERALD, Tom	Kilfinnan	M	M50	00:06:33
33	179	00:20:26	O'CONNELL, John	Midleton	M	MS	00:06:35
34	55	00:20:31	TOBIN, Maurice	Grange Fermoy	M	M60	00:06:37
35	219	00:20:38	O'GORMAN, Colin	Mallow Ac	M	MS	00:06:39
36	18	00:20:41	POWER, Brendan	N/A -	M	MS	00:06:40
37	46	00:20:42	O'CALLAGHAN, Niall	Mallow Ac	M	MS	00:06:40
38	121	00:20:45	HANLEY, Shane	Galtee Runners	M	MS	00:06:42
39	96	00:20:46	MCKERNAN, Owen	N/A -	M	MS	00:06:42
40	120	00:20:52	CASEY, John	Galtee Runners	M	M50	00:06:44
41	117	00:20:56	O'RIORDAN, Packie	West Limerick	M	M50	00:06:45
42	93	00:21:12	BORKOWSKA, Anna	Mallow Ac	F	FS	00:06:50
43	163	00:21:16	BUTLER, Owen	N/A -	M	MS	00:06:52
44	170	00:21:22	HEALY, Pat	Mallow Ac	M	MS	00:06:54
45	215	00:21:23	CREEDON, Steve	Mallow Ac	M	MS	00:06:54
46	70	00:21:25	SHANAHAN, Sean	Galtee Runners	M	M45	00:06:55
47	175	00:21:28	O'BRIEN, Con	N/A -	M	M55	00:06:55
48	128	00:21:30	CARROLL, Aoife	Mallow Ac	F	FS	00:06:56
49	22	00:21:31	FITZGIBBON, Clotilde	Grange Fermoy	F	F40	00:06:56
50	48	00:21:35	O'CONNELL, Vincent	N/A -	M	MS	00:06:58
51	237	00:21:36	O'NEILL, John	N/A -	M	MS	00:06:58
52	32	00:21:39	STACK, David	North Cork	M	MJ	00:06:59
53	3	00:21:42	FLINSTONE, Fred	North Cork	M	M60	00:07:00
54	109	00:21:46	DAVEY FITZGERALD, Lorna	Mallow Ac	F	FS	00:07:01
55	89	00:21:49	GOGGIN, Jonathan	Liscaroll	M	MS	00:07:02
56	63	00:21:54	DUNNE, Michael	St Finbarrs	M	M60	00:07:04
57	59	00:22:05	O'BRIEN, Barry	N/A -	M	MS	00:07:07
58	110	00:22:07	MCDERMOTT, Barry	Mallow Ac	M	MS	00:07:08
59	169	00:22:13	RELIHAN, Garry	Eagle	M	MS	00:07:10

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27 March 2011

Doneraile Park 5k

Position	Number	Time	Name	Club	M/F	Category	Pace
60	33	00:22:16	BUCKLEY, Mark	North Cork	M	MJ	00:07:11
61	29	00:22:19	KIRBY, Darren	N/A -	M	MS	00:07:12
62	45	00:22:21	BUCKLEY, Pat	Mallow Ac	M	MS	00:07:13
63	233	00:22:25	BARNBY, Tim	Mallow Ac	M	MJ	00:07:14
64	112	00:22:32	CAMPBELL, Rhona	Mallow Ac	F	FS	00:07:16
65	140	00:22:35	O'DONOGHUE, Elaine	Riverstick Kinsale	F	FS	00:07:17
66	106	00:22:37	COLLINS, Nuala	North Cork	F	F35	00:07:18
67	72	00:22:39	MEADE, Peter	Crossfit	M	MS	00:07:18
68	57	00:22:41	QUIGLEY, John	Eagle	M	M55	00:07:19
69	192	00:22:42	MANSFIELD, Faye	N/A -	F	FJ	00:07:19
70	56	00:22:43	GOGGIN, Anne	Kilfinane	F	F45	00:07:20
71	64	00:22:46	O'SULLIVAN, Dermot	N/A -	M	M40	00:07:21
72	230	00:22:47	QUILLIGAN, Kevin	Mallow Ac	M	M50	00:07:21
73	217	00:22:58	SEXTON, John	N/A -	M	M40	00:07:25
74	73	00:23:01	MACDOMHNAILL, Carmel	West Limerick	F	F55	00:07:25
75	122	00:23:02	BUCKLEY, Sinead	North Cork	F	FS	00:07:26
76	115	00:23:04	CROWLEY, Gemma	North Cork	F	FJ	00:07:26
77	225	00:23:06	CORCORAN, Niall	N/A -	M	MS	00:07:27
78	180	00:23:10	KERRISK, Norma	Mallow Ac	F	FS	00:07:28
79	51	00:23:13	O'REILLY, Sinead	Crossfit	F	FJ	00:07:29
80	221	00:23:16	GYVES, Paddy	Mallow Ac	M	M60	00:07:30
81	101	00:23:18	O'SULLIVAN, Catherine	Galtee Runners	F	F35	00:07:31
82	156	00:23:20	KELLEHER, Ide	N/A - Mallow Ac	F	F35	00:07:32
83	155	00:23:21	O'RIORDAN, Stephen	N/A -	M	MS	00:07:32
84	182	00:23:25	FINN, Mary	Milstreet	F	F50	00:07:33
85	44	00:23:36	MOLONEY, Michelle	N/A -	F	F35	00:07:37
86	58	00:23:39	MCCARTHY, Danny	Midleton	M	M60	00:07:38
87	134	00:23:46	MCCARTHY, Deirdre	North Cork	F	F40	00:07:40
88	47	00:23:48	O'CONNELL, David	N/A -	M	MS	00:07:41
89	13	00:23:52	GEARY, Helen	Midleton	F	F40	00:07:42
90	4	00:23:52	WOODGATE, Trevor	N/A -	M	MS	00:07:42
91	40	00:23:53	MCCARTHY, Denis	N/A -	M	MS	00:07:42
92	81	00:23:57	O'RIORDAN, Liz	N/A -	F	F40	00:07:43
93	66	00:24:02	CUMMINS, Michael	N/A -	M	MJ	00:07:45
94	224	00:24:05	LOMBARD, John	N/A -	M	MS	00:07:46
95	102	00:24:08	BUCKLEY, Noreen	North Cork	F	F35	00:07:47
96	107	00:24:13	HICKEY, Denise	Midleton	F	F35	00:07:49
97	79	00:24:18	O'REGAN, Donal	Galtee Runners	M	MS	00:07:50
98	172	00:24:19	PERROTT, Sarah	North Cork	F	FJ	00:07:50
99	214	00:24:29	CLIFFORD, Callan	Mallow Ac	M	MJ	00:07:54
100	98	00:24:38	MURPHY, Barry	N/A -	M	M40	00:07:57
101	71	00:24:38	AHERN, Ned	Galtee Runners	M	M50	00:07:57
102	95	00:24:43	GILBOURNE, Pat	N/A -	M	MS	00:07:59
103	143	00:24:49	FALAHEE, Bridget	N/A -	F	F50	00:08:00
104	222	00:24:50	MYERS, Patrick	Mallow Ac	M	M45	00:08:01
105	28	00:24:52	MITCHELL, Colin	N/A -	M	M40	00:08:01
106	90	00:24:54	KEARNEY, Batt	Leevale	M	M50	00:08:02
107	167	00:25:09	GUINE, Con	N/A -	M	MS	00:08:07
108	105	00:25:12	POWER, Carol	North Cork	F	FS	00:08:08
109	161	00:25:18	VOWLES, Gerard	N/A -	M	M40	00:08:10
110	8	00:25:23	MULLINS, Maria	North Cork	F	F45	00:08:11
111	124	00:25:24	DALTON, Anna	Galtee Runners	F	F40	00:08:12
112	30	00:25:44	CASEY, Michael	Galtee Runners	M	M40	00:08:18
113	138	00:25:45	O'BRIEN, Sarah	N/A -	F	FS	00:08:18
114	157	00:25:47	COGAN, Niamh	N/A -	F	F35	00:08:19
115	50	00:25:55	O'REILLY, Joe	Crossfit	M	M45	00:08:21
116	52	00:25:57	FLYNN, John	Mallow Ac	M	M40	00:08:22
117	139	00:25:58	O'BRIEN, Heather	N/A -	F	FS	00:08:22
118	145	00:26:06	HARTNETT, Lisa	N/A -	F	F35	00:08:25

Mallow AC

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Doneraile Park 5k

Position	Number	Time	Name	Club	M/F	Category	Pace
119	5	00:26:18	SAVELL, Celia	N/A -			
120	67	00:26:26	FINNAN, Anne	N/A -	F	F35	00:08:29
121	108	00:26:38	FITZGERALD, Brian	Mallow Ac	F	FS	00:08:31
122	21	00:26:39	BARROW, Raymond	N/A -	M	MS	00:08:36
123	226	00:26:40	BUCKLEY, Timjoe	Donoughmore	M	MS	00:08:36
124	26	00:26:46	BARRY, Laura	N/A -	M	M60	00:08:36
125	25	00:26:47	O'SULLIVAN, Sean	Midleton	F	FJ	00:08:38
126	227	00:26:48	TWOHIG, Teddy	Donoughmore	M	M40	00:08:38
127	82	00:26:49	MCDONNELL, Sean	N/A -	M	M40	00:08:39
128	83	00:26:51	MCDONNELL, Cormac	N/A -	M	MJ	00:08:39
129	176	00:26:52	RYAN, Tony	Mallow Ac	M	MS	00:08:40
130	14	00:26:59	MACAPOLOUS, Trish	Midleton	M	MS	00:08:40
131	162	00:27:04	CAROLL, Mary	Kilfinnan	F	FS	00:08:42
132	144	00:27:14	SLAVIN, Mary	N/A -	F	F40	00:08:44
133	43	00:27:14	LUCEY, Donal	Crossfit	F	FS	00:08:47
134	232	00:27:16	BYRNE, Fiona	Mallow Ac	M	MS	00:08:47
135	147	00:27:18	BOURKE, Ann	N/A -	F	FS	00:08:48
136	15	00:27:28	SHEEHAN, Helen	N/A -	F	F50	00:08:48
137	127	00:27:30	DENNEHY, Padraic	Galtee Runners	F	F35	00:08:52
138	17	00:27:31	DENNEHY, Aaron	Galtee Runners	M	MJ	00:08:52
139	99	00:27:32	AHERN, Eddie	N/A -	M	M40	00:08:52
140	65	00:27:33	CUMMINS, Anne	N/A -	M	M40	00:08:53
141	131	00:27:39	MCAULIFFE, Susanna	Crossfit	F	F35	00:08:53
142	16	00:27:46	SHEEHAN, Jackie	N/A -	F	FS	00:08:55
143	118	00:27:47	DOYLE, Liam	West Limerick	F	F35	00:08:57
144	235	00:27:54	HOLLAND, Emer	Mallow Ac	M	MS	00:08:58
145	103	00:27:55	BUCKLEY, Debbie	North Cork	F	FS	00:09:00
146	34	00:27:56	BOLSTER, Aidan	N/A -	F	F40	00:09:00
147	104	00:27:58	LYNCH, Catherine	North Cork	M	MJ	00:09:01
148	137	00:28:01	O'LEARY, Deirdre	N/A -	F	F45	00:09:01
149	198	00:28:17	MCDONALD, Kevin	Mallow Ac	F	FS	00:09:02
150	92	00:28:22	HOGAN, Anielia Borkowska	Mallow Ac	M	MJ	00:09:07
151	189	00:28:26	WOODS, Sharon	Mallow Ac	F	FJ	00:09:09
152	35	00:28:27	BOLSTER, Aidan	N/A -	F	F35	00:09:10
153	148	00:28:38	DUNNE, Ann	N/A -	M	MS	00:09:11
154	42	00:29:00	WALSH, Ciara	North Cork	F	F40	00:09:14
155	234	00:29:01	GAYER, Elizabeth	N/A -	F	FS	00:09:21
156	136	00:29:25	FLANNERY, Paula	N/A -	F	FJ	00:09:22
157	123	00:29:30	MAHER, Eileen	Galtee Runners	F	FS	00:09:29
158	133	00:29:32	HOOTON, Mary	Crossfit	F	FS	00:09:31
159	9	00:29:34	DOWLING, Grace	N/A -	F	F50	00:09:31
160	69	00:29:38	MEADE, Honor	N/A -	F	FS	00:09:32
161	68	00:29:39	BARRETT, Sinead	N/A -	F	F35	00:09:33
162	164	00:29:40	BUTLER, Brid	N/A -	F	FS	00:09:34
163	218	00:29:42	COUGHLAN, Joanne	N/A -	F	F35	00:09:34
164	216	00:29:48	SEXTON, Clare	N/A -	F	F35	00:09:35
165	125	00:29:53	BRENNOCK, Lisa	Galtee Runners	F	F40	00:09:37
166	174	00:29:58	CODY, Joanne	N/A -	F	F35	00:09:38
167	160	00:30:00	GEARY, Deirdre	N/A -	F	FS	00:09:40
168	76	00:30:00	SAVAGE, Michelle	N/A -	F	F40	00:09:41
169	177	00:30:01	HOLMES, Andrew	N/A -	F	F40	00:09:41
170	77	00:30:15	O'KEEFE, Seamus	N/A -	M	MS	00:09:41
171	146	00:30:16	LONERGAN, Margaret	N/A -	M	MS	00:09:45
172	53	00:30:35	KEATIN, Maria	Mallow Ac	F	F35	00:09:46
173	158	00:30:46	CRONIN, Kay	N/A -	F	FS	00:09:52
174	129	00:30:48	O'CONNELL, Ger	Liscarroll	F	F40	00:09:56
175	60	00:30:59	BRENNAN, Aine	N/A -	M	M50	00:09:56
176	141	00:31:24	MALONEY, Elaine	N/A -	F	FS	00:10:00
177	153	00:31:25	TAYLOR, Rosemary	N/A -	F	FS	00:10:08
					F	F35	00:10:08

Mallow AC

27 March 2011

Doneraile Park 5k

Position	Number	Time	Name	Club	M/F	Category	Pace
178	135	00:31:26	SWEETNAM, Pauline	N/A -	F	FS	00:10:08
179	126	00:31:29	HANNON, Mary	Galtee Runners	F	F40	00:10:09
180	165	00:31:33	ALAWUMI ROCK, Patricia	N/A -	F	F40	00:10:11
181	49	00:31:36	STANI, Erika	Crossfit	F	F35	00:10:12
182	142	00:31:37	ROCHE, Catriona	N/A -	F	FS	00:10:12
183	194	00:31:47	MAHER, Mairead	N/A -	F	F35	00:10:15
184	88	00:33:18	CUNNINGHAM, Hazel	N/A -	F	FS	00:10:44
185	229	00:33:36	KEEGAN, John	N/A -	M	M40	00:10:50
186	80	00:33:46	BROWNE, Anne	N/A -	F	F35	00:10:54
187	236	00:33:51	OGRADY, Tom	Mallow Ac	M	M45	00:10:55
188	184	00:33:52	HEFFERNAN, Sinead	N/A -	F	FS	00:10:55
189	188	00:34:12	O'REILLY, Aoife	N/A -	F	F35	00:11:02
190		00:34:15					00:11:03
191		00:34:18					00:11:04
192	78	00:34:18	CAROLL, Aine	N/A -	F	FS	00:11:04
193	159	00:34:58	COONEY, Orla	N/A -	F	F40	00:11:17
194	86	00:35:02	RYAN, Patricia	N/A -	F	FS	00:11:18
195	168	00:35:11	ROCHE, Claire	N/A -	F	FS	00:11:21
196	220	00:35:29	O'DONOGHUE, Mary	N/A -	F	FS	00:11:27
197	228	00:35:38	MACAODGHAIN, Paula	Galtee Runners	F	F40	00:11:30
198	87	00:35:52	CUNNINGHAM, Harriet	N/A -	F	F35	00:11:34
199	151	00:35:52	MURRAY, Kathy	N/A -	F	F35	00:11:34
200	152	00:36:41	LINEHAN, Deidre	N/A -	F	F35	00:11:50
201	10	00:36:43	O'KELLY, Olive	N/A -	F	F35	00:11:51
202	85	00:37:10	BEIX, Marina	N/A -	F	FJ	00:12:00
203	191	00:37:52	ROCHE, Maria	N/A -	F	FS	00:12:13
204	193	00:38:26	KEARNEY, Breda	N/A -	F	F40	00:12:24
205	149	00:38:27	HALLIHAN, Joanne	N/A -	F	FS	00:12:24
206	150	00:38:29	O'SULLIVAN, Niamh	Churchtown	F	FS	00:12:25
207	190	00:38:30	MEANEY, Mary	Galtee Runners	F	F45	00:12:25
208	187	00:39:00	MURPHY, Alison	Mallow Ac	F	FJ	00:12:35
209	185	00:39:33	MURPHY, Stephen	Mallow Ac	M	M50	00:12:45
210	91	00:39:34	HOGAN, Roman Borkowska	Mallow Ac	M	MJ	00:12:46
211	94	00:39:59	HOGAN, John	Mallow Ac	M	MS	00:12:54
212	199	00:40:02	MCDONALD, Amy	Mallow Ac	F	FJ	00:12:55
213	197	00:40:06	MCDONALD, Ed	Mallow Ac	M	M40	00:12:56
214	212	00:40:14	BANE, Kayleigh	Mallow Ac	F	FJ	00:12:59
215	211	00:40:31	HUTTON, Shauna	Mallow Ac	F	FJ	00:13:04
216	213	00:40:33	HUTTON, Karen	Grange Fermoy	F	FS	00:13:05
217	223	00:40:57	MCQUINN, Louise	N/A -	F	F45	00:13:12
218	36	00:41:24	O'BRIEN, Mary	N/A -	F	F35	00:13:21
219	6	00:42:52	CULHANE, Denis	North Cork	M	M60	00:13:50
220	84	00:42:53	TUOHY, Lillian	N/A -	F	F50	00:13:50
221	195	00:43:03	O'CALLAGHAN, Grace	N/A -	F	F35	00:13:53
222	196	00:46:59	SPELLANE, Deirdre	N/A -	F	F50	00:15:09
223	23	00:47:00	O'BRIEN, Julie	N/A -	F	F40	00:15:10
224	24	00:47:08	O'BRIEN, Donal	N/A -	M	M45	00:15:12
225	173	00:47:08	PERROTT, Sophie	North Cork	F	FJ	00:15:12
226	171		PERROTT, Mary	North Cork	F	F50	
227	186		MURPHY, Carolyn	Mallow Ac	F	F50	
228							
229							
230							
231							
232							
233							
234							
235							
236							

Overall Male Results						
	Position	Number	Time	Name	Club	M/F Category
1	1	37	00:16:32	O'CONNOR, Tim	Riocht	M MS
2	2	12	00:16:39	DOWNES, John	Donore	M M40
3	3	38	00:16:41	WILLMOTT, Kevin	Bandon	M MS
4	4	75	00:16:52	MACDOMHNAILL, Aogan	West Limerick	M MS

Overall Female Results						
	Position	Number	Time	Name	Club	M/F Category
1	17	178	00:19:01	KILEY, Martina	St Finbarrs	F FS
2	18	181	00:19:15	FINN, Carol	Leevale	F FS
3	42	93	00:21:12	BORKOWSKA, Anna	Mallow Ac	F FS
4	48	128	00:21:30	CARROLL, Aoife	Mallow Ac	F FS

Male 40-45						
	Position	Number	Time	Name	Club	M/F Category
1	7	61	00:17:30	O'SULLIVAN, Ciaran	St Finbarrs	M M40
2	12	11	00:18:19	MCAULIFEE, Mike	Kilfinane	M M40
3	15	1	00:18:53	DUNPHY, John	Eagle	M M40

Male 45-49						
	Position	Number	Time	Name	Club	M/F Category
1	24	7	00:19:54	MULLINS, Mike	North Cork	M M45
2	27	111	00:20:01	CRONIN, Denis	Mallow Ac	M M45
3	28	31	00:20:03	BUCKLEY, Maurice	North Cork	M M45

Male 50-54						
	Position	Number	Time	Name	Club	M/F Category
1	32	130	00:20:20	FITZGERALD, Tom	Kilfinnan	M M50
2	40	120	00:20:52	CASEY, John	Galtee Runners	M M50
3	41	117	00:20:56	O'RIORDAN, Packie	West Limerick	M M50

Male 55-59						
	Position	Number	Time	Name	Club	M/F Category
1	13	74	00:18:38	MACDOMHNAILL, Mike	West Limerick	M M55
2	47	175	00:21:28	O'BRIEN, Con	N/A -	M M55
3	68	57	00:22:41	QUIGLEY, John	Eagle	M M55

Male 60-64						
	Position	Number	Time	Name	Club	M/F Category
1	34	55	00:20:31	TOBIN, Maurice	Grange Fermoy	M M60
2	53	3	00:21:42	FLINSTONE, Fred	North Cork	M M60
3	56	63	00:21:54	DUNNE, Michael	St Finbarrs	M M60

Male 65+						
	Position	Number	Time	Name	Club	M/F Category
1						
2						
3						

Male 70 +						
	M70	Number	Time	Name	Club	M/F Category
1						

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2						
3						

Male Junior

	Position	Number	Time	Name	Club	M/F	Category
1	5	113	00:17:13	SEXTON, Rory	Grange Fermoy	M	MJ
2	21	114	00:19:34	KEANE, Tim	North Cork	M	MJ
3	31	116	00:20:18	RAHILLY, Shane	North Cork	M	MJ

Female 35-39

	Position	Number	Time	Name	Club	M/F	Category
1	66	106	00:22:37	COLLINS, Nuala	North Cork	F	F35
2	81	101	00:23:18	O'SULLIVAN, Catherine	Galtee Runners	F	F35
3	82	156	00:23:20	KELLEHER, Ide	N/A -	F	F35

Female 40 - 44

	Position	Number	Time	Name	Club	M/F	Category
1	49	22	00:21:31	FITZGIBBON, Clotilde	Grange Fermoy	F	F40
2	87	134	00:23:46	MCCARTHY, Deirdre	North Cork	F	F40
3	89	13	00:23:52	GEARY, Helen	Midleton	F	F40

Female 45-49

	Position	Number	Time	Name	Club	M/F	Category
1	70	56	00:22:43	GOGGIN, Anne	Kilfinane	F	F45
2	110	8	00:25:23	MULLINS, Maria	North Cork	F	F45
2	147	104	00:27:58	LYNCH, Catherine	North Cork	F	F45

Female 50-54

	Position	Number	Time	Name	Club	M/F	Category
1	84	182	00:23:25	FINN, Mary	Milstreet	F	F50
2	103	143	00:24:49	FALAHEE, Bridget	N/A -	F	F50
3	135	147	00:27:18	BOURKE, Ann	N/A -	F	F50

Female 55-59

	Position	Number	Time	Name	Club	M/F	Category
1	74	73	00:23:01	MACDOMHNAILL, Carmel	West Limerick	F	F55
2							
3							

Female 60-64

	Position	Number	Time	Name	Club	M/F	Category
1							
2							
3							

Female 65 +

	Position	Number	Time	Name	Club	M/F	Category
1							
2							
3							

Female 70+

	Position	Number	Time	Name	Club	M/F	Category

Mallow AC

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1						
2						
3						

Female Junior						
	Position	Number	Time	Name	Club	M/F Category
1	69	192	00:22:42	MANSFIELD, Faye	N/A -	F FJ
2	76	115	00:23:04	CROWLEY, Gemma	North Cork	F FJ
3	79	51	00:23:13	O'REILLY, Sinead	Crossfit	F FJ