

Map Location	Bollards/ Road Closed	RACE MAP	#Of Steward s	Stewards Instructions	Garda	Names
		<b>Briefing for all RED CROSS Ambulance Civil Defence Motorbikes</b>		Race is run on LH Lane 8 will never cross the road. Gardai & motorbikes (civilians) will be moving from one area to another & may not always be on point. Note times of when the bulk of the runners will be coming through. Do not put yourself or any runners at risk, do NOT be afraid to stop traffic. There are 2 ambulances on duty following the bulk runners of the race & will be at 1/2 way. There will be first Aid on foot at Finish & Gardai on duty. Ensure you have emergency contact numbers & Hi Viz Vest. If in doubt ask. If finished in your area consider following on to another area & converge at the finish to help out. Do not leave your location until the final sweep car (following the final runner) has passed your location.		
1	Road Closed Barrier FFTM	Bottom of Fair St/Main St. Junction	1	Road closed 12 noon to 1pm Traffic from bottom of Fair St will be diverted via carpark to Shortcastle Stewards with Hi Visibility Vests to advise motorists of diversion and manage traffic. Adequate signage will be deployed in advance.		Aisling O'Neill 0858638522 Ann O'Connell 087 9582075
1A	Road Closed Barrier FFTM	St. James Avenue/Main St.	2	Direct traffic down St.James's Avenue from Main Street. Road closed 12 noon to 1pm Stewards with Hi Visibility Vests to advise motorists of diversion and manage traffic. Adequate signage will be deployed in advance.		John Lehane 0872254108 TJ Cotter 086 7847431
2	Road Closed Barrier	Top of O'Brien St/Muddy Hill	1	Road closed 12 noon to 1pm O'Brien St traffic (in direction of Main St) diverted via Muddy Hill Stewards with Hi Visibility Vests at top & bottom of Muddy Hill to advise motorists of diversion and manage traffic. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance.		Brenda Neville 0879410639
3		Park Rd/St.James Ave	2	Diversion ahead 12 noon to 1pm -No through road to Main street. Stewards with Hi Visibility Vests at Park Road/St.James' Ave Junction to advise motorists of diversion and manage traffic. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance.		Lisa O'Leary Barrow 087 6461799 Jimmy 'Ferret' O'Mahony 087 9646312
3A		Broadview/Park Road Junction	2	Diversion ahead 12 noon to 1pm -No through road to Bridge street/Mitchelstown- Fermoy. Stewards with Hi Visibility Vests to advise motorists of diversion to Mitchelstown and manage traffic. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance.		Trish McDonnell 087 9592702 Anne Teape 087 7565118
4	Cones X20	Start Town Hall - Main Street	5	Road Closed 12 Noon to 1pm - Official Race Start		Aidan Buckley-Shane Amglin - Clive Ahearne - Paudie Birmingham - John Holland
5		Plaza	2	General Stewarding Presence/barriers in Place		Alan Norton 0879467568 Agnieszka Krych 086 3005905
6		Clock House/Spa Junction	1	Stewards with Hi Visibility Vests at Clock House / Spa Road Junction to advise motorists of delay, manage traffic & fully restrict traffic @ 12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45	Garda	Brian Holland - Garda 086 3039911
7		Peppers/Castle Entrance	1	Stewards with Hi Visibility Vests at Peppers/Castle Entrance to advise motorists of delay, manage traffic & fully restrict traffic @12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45		Tony Murphy 0868279735
8		Muddy Hill / Spa Road Junction	1	Stewards with Hi Visibility Vests at Peppers/Castle Entrance to advise motorists of delay, manage traffic & fully restrict traffic @12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45		Alan Sheehan 0868355853
9		Spa Rd/Spa Glen Junction	2	Stewards with Hi Visibility Vests at Spa Rd/Spa Glen Junction to advise motorists of delay, manage traffic & alternative route. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45		Deirdre Lane 0857591809 Siobhan Buckley 087 6962574
10		Park Road Junction	2	Stewards with Hi Visibility Vests at Park Road Junction to advise motorists of delay, manage traffic & fully restrict traffic @ 12.25 turning both directions. Oncoming traffic over the bridge will divert via Park Road. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45	Garda	Allen O Callaghan 086 8201098 Brian Aherne 086 6607913
11	Road Closed Barrier - FFTM	Mallow Bridge RHS via Church	2	Stewards with Hi Visibility Vests at Junction to advise motorists of delay, manage traffic & fully restrict traffic turning right to Balladaheen & straight for golf course. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 4pm Formal Road Closure and Diversions in Place	Garda	John Mohally 087 9533798 David Lavery 083 0691098 Deirdre Kiely 087 6781285
12		Mallow Bridge LHS via Golf club	2	Stewards with Hi Visibility Vests at Junction to advise motorists of delay, manage traffic & fully restrict traffic @12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45	Garda	Kathleen Cronin 087 2456135 Sharon Woods 087 0970351
13		Linehans Lane (Daly's Bar/Ballydaheen	1	Stewards with Hi Visibility Vests at Junction to advise motorists of delay, manage traffic & fully restrict traffic @12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45		Sean Mehigan 0876501951
14		Top of Ballydaheen Motorbike Shop	1	Stewards with Hi Visibility Vests in situ road to advise motorists of delay, manage traffic & fully restrict traffic approaching Balladaheen @12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45		Dermot O'Sullivan 086 8615854
15		Amber Garage / Summer Hill Junction Amber Garage Exit onto Old Cork Road	3	Stewards with Hi Visibility Vests at junction to advise motorists of delay, manage traffic & fully restrict traffic at junction @ 12.25 Sharp. Adequate signage 'RACE in Progress' & 'Expect Delays' will be deployed in advance, traffic management in place from 12:20 to 12:45	Garda	Bernard Bugler 087 2995864 Pat O'Callaghan 0862746667 Pat O'Sullivan 0877697769 Shaun Guerin 0879081196 Alan Buckley 087 2147636
16		Townview Junction (Weedle Pharmacy)	1	Traffic management 12:30 to 13:00 -No Traffic crossing path of runners from Town view estate or straight across road from Church view Road		Regina Cronin 086 6095587
17		Cork Road / Canon Sheehans/New Estate Junction	1	Traffic management 12:30 to 13:00 -No Traffic crossing path of runners		Conor Long 0876794063
18		Medical Centre	1	Stop traffic entering & exiting Medical Centre crossing path of runners.		Dara Horgan 0876005580
18A		Traffic Calming next to Medical Centre	1	Steward with High Vis Vest to alert the runners to 'Mind The Step'		Ned Ronan 087 1538407

19		N20 Slip	1	Stop traffic entering Slip Road - Traffic will be delayed behing runners and sweep car.		Amy Rea	085 2278975
20		Goulds Hill Junction	4	S stewards with High Vis Jackets to advise motorists of delays and manage traffic. Ensure no traffic turns right from Quartertown junction towards the majestic/Cork city. Traffic can feed to town with care.		Caroline Kelly Brophy	0872431932
						Catherine Buckley	0860595790
						Con Lucey	087 6300605
						Michelle Lucy Sheedy	0876524118
20A		Slip Road beside Barry Cash and Carry	1	S stewards with High Vis Jackets to advise motorists of delays and manage traffic. Ensure no traffic turns right towards Cork Road.		Patrick Daly	087 9974246
21	FFTM assisted Zone	Robs Bridge Junction	3	Allow traffic from Cork city to turn left to Quartertown. Traffic will be delayed behind runners. FFTM to deploy cones on center line from Wild Goose to Robs Bridge. One way system in place.		Denis Broderick	087 2368123
						Michael Kilmartin	0878329023
						Daniel Buckley	085 7838178
21A	FFTM assisted Zone	Robs Bridge Junction	1	Official with High Vis and Red Flag to alert traffic approaching Mallow of event in progress: Wave Flag at Oncoming Traffic . Adequate signage in place.		Robert Gaffney	086 3933988
22	FFTM Controlled Zone	Mallow South Bridge Fly Over	1	Adequate Signage 'Race in Progress' on Main Road. MESSAGE TO RUNNERS: Need to advise runners of uneven surface & beware of the footpath.		Cathal O Callaghan	085 7498482
22A	FFTM Controlled Zone	Mallow South Bridge Fly Over	2	Official with High Vis and Red Flag to alert traffic coming from North and South of event in progress and to slow traffic down: Wave Flag at Oncoming Traffic . Adequate signage in place.		Bridget Burke Webb	086 0700633
						Catherine Sexton	087 1229210
22B	FFTM Controlled Zone	Mallow South Bridge Fly Over	4	2 stewards each side to ensure pedestrians and spectators do not congregate on bridge . Signage in Place.		Catherine Hannon	087 7703587
						Cathy O'Sullivan	087 9640714
						Claire Brennan	083 0470966
						Mary Shinnick	086 7936318
23		10 Arches Slip Road A	1	FFTM to Close Slip Road (Up & Down) to Traffic . Ensure no traffic attempts to cross runners path.		Claire Crowley	086 8197562
24		10 Arches Slip Road B	1	FFTM to Close Slip Road (Up & Down) to Traffic . Ensure no traffic attempts to cross runners path.		Dave O'Connor	086 0706054
25		10 Arch Bridge Fly Over	1	MESSAGE TO RUNNERS: Need to advise runners of uneven surface & beware of the footpath.		Declan Twomey	087 6403517
25A	Flags X2	10 Arch Bridge Fly Over	2	Official with High Vis and Red Flag to alert traffic coming from North and South of event in progress and to slow traffic down: Wave Flag at Oncoming Traffic . Adequate signage in place.		Gearoid McKernan	086 3102601
						Jim Flynn	087 6082718
25B	FFTM Controlled Zone	10 Arch Bridge Fly Over	2	2 stewards each side to ensure pedestrians and spectators do not congregate on bridge . Signage in Place.		Deirdre Barrow	0868236553
						Denise O'Connor	087 9045882
						Eilish Brennan	086 3594824
						Emer O'Callaghan	086 2704983
26	FFTM Controlled Zone	Ten Arch to Roundabout to Rail Bridge	3	FFTM Detailed operation in place GARDa at roundabout	Garda	Gary Relihan	087 9438872
						Jayne Sheehan	0868239188
						Kieran Mills	0868127333
						Nick Darmody	0868175631
26 A	FFTM Controlled Zone			Official with High Vis and Red Flag to alert traffic heading to Cork of event in progress: Wave Flag at Oncoming Traffic . Adequate signage in place.		Gerry Ryan	087 2386350
27	FFTM Controlled Zone	Traffic Calming Island Navigation Road	2	FFTM Detailed Operation in Place Ensure Safety of runners from cars travelling towards Killarney direction.		James Cotter	087 2618067
						John O'Sullivan	0851241311
27A	Timing Clock	Mile 5 Marker	1	Timing Clock		John Kelly	0878164025
28	Cones X4	Firville End of Racecourse Hard Shoulder	2	Bollards X4 to filter runners onto narrow section of the road. Motorbikes to be used here. Stop traffic going to Killarney before road narrows for duration of race. Traffic to Mallow to proceed as normal. (GARDa NEEDED)	Garda	Ger Vowles	087 2405894
						Brendan Flanagan	087 3111778
29		Killarney Road/Long Fields Junction	2	2 way traffic 2 stewards		Shane Browne	086 1672153
						Donie Shine	0868149970
30		Bends(2) before Blackwater Bridge Bends(2) before Blackwater Bridge	4	Note this is a DANGEROUS bend. Be Aware Safety is paramount. Stewards to verbally instruct runners to keep to LH lane. (note 2 way traffic)		Evelyn Martin	086 1758845
						Fiona McGuinness	087 9439932
						Helen Mehigan	0876361218
						Hugh Keena	085 1424963
31		Bridge / Moylans House	4	Note this is a DANGEROUS bend. Be Aware Safety is paramount. Stewards to verbally instruct runners to keep to LH lane. (note 2 way traffic)		Helen Stafford	086 0688590
						Jennifer Cronin	087 6144877
						Theresa Willis	086 8393103
						Diahann Buckley	087 9802884

32		Glantane Junction	2	2 Stewards at junction. (note 2 way traffic)		Joan Kenny 087 2709998 Mary Murphy 087 6299549																																																					
33		Drommohane Junction	2	2 Stewards at junction. (note 2 way traffic)		Liz Palmer 087 6196881 Mareaid Goggin 0876857616																																																					
34	Cones X15	Clyda Bridge A,B,C,D	10	Bollards X15 At O'Mearas entrance prior to bridge. IMPORTANT VERBALLY INSTRUCT RUNNERS TO KEEP TO LEFT HAND SIDE DO NOT ALLOW THEM TO CUT THE CORNER. At the junction (Quatertown side) Stewards to marshall traffic & restrict traffic from turning right into the path of runners. Runners only beyond Clyda bridge approaching bend (Park House) VERBALLY INSTRUCT RUNNERS TO KEEP TO LEFT HAND SIDE DO NOT ALLOW THEM TO CUT THE CORNER.		Jerry Twomey Sean Guinane Anne Galvin Joan O'Connell Joann O'Brien John Collins John Martin Kerry Ronan Liam Dorgan Liam Hallahan Noelle Guinane Noirin Hourigan Niamh Miriam Niall Murphy	087 6949520 086 2414334 0851110839 087 1313007 08768576353 086 2417621 087 6419414 087 7216438 186 1002514 087 6204940 0863135022 086 8196789																																																				
35		10 Arches Slips Bottom A	1	Close Slip Roads -No traffic running right towards Danos/ Allow traffic filter left as required; Steward on each slip road.		Tom O'Connor	087 6731834																																																				
36		10 Arches Slips Bottom B	1	Close Slip Roads -No traffic running right towards Danos/ Allow traffic filter left as required; Steward on each slip road.		Clare Sexton	083 0583838																																																				
37		Danos	2	Stewards required as traffic may cross runners route. GARDA required if possible.	Garda	James O'Mahony Michael Conroy	087 9927074 086 3362030																																																				
38	FFTM Controlled Zone	Churchview	2	Stewards with Hi Visibility Vests at junction to advise motorists of road closure & diversion with all traffic from Danos to be diverted up Church View. Appropriate signage 'Road Closure' will be deployed in advance. Traffic management in place from 13:00 to last runner home.		Jimmy 'Ferret' O'Mahony Liam Dorgan	087 9646312 087 6533294																																																				
38A		Harolds Place/Waters Place/Arches	2	Local Access Only, No access to finish area, signage and diversion in place.		Marie O'Brien Martina Morrissey	086 3269059 087 2920842																																																				
39	Barriers X40 Cones X40	FINISH -Mallow Search & Rescue	7	ROAD CLOSED from 12:50 to last runner. (Road leading to main bridge)			Shane Amglin - Clive Ahearne -																																																				
40		Mallow Bridge	3	Stewards with Hi Visibility Vests at junction to advise motorists of Road closure in direction of Danos. Traffic management / Road closed/ Diversion - All traffic from town to be diverted up & via Church View if required. From 13:00 to last runner		Liam O'Donnell	087 2186587																																																				
41	FFTM Controlled Zone	Churchview Junction	1	Stewards with Hi Visibility Vests at junction to advise motorists of Road closure in direction of Bridge Traffic management / Road closed/ Diversion - All traffic to be diverted Left UNLESS ACCESS FOR LOCAL HOUSES OR ARCHES. From 13:00 to last runner		Andrew Murphy	087 6648803																																																				
42		Arches Bar Entrance	1	Stewards with Hi Visibility Vests at entrance to advise motorists of Road closure in direction of Bridge Traffic management / Road closed/ Diversion - All traffic to be diverted right UNLESS ACCESS FOR LOCAL HOUSES. From 13:00 to last runner		Sinead Sexton Renton Thomas Dunlea	087 6840762 086 8355521																																																				
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